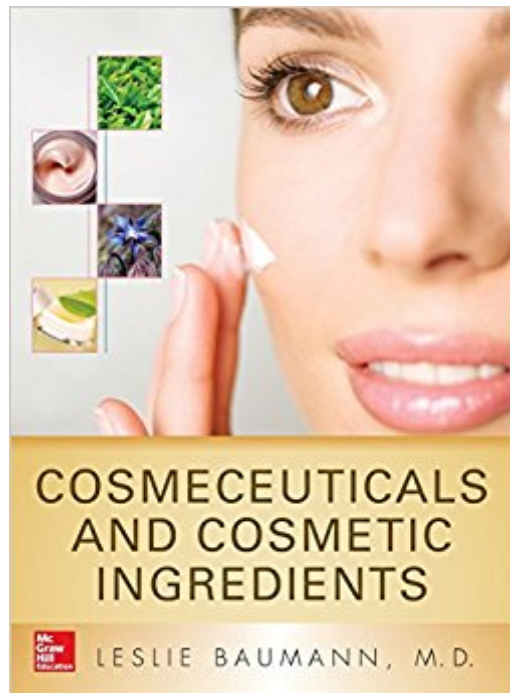




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# **Cosmeceuticals And Cosmetic Ingredients (Dermatology)**



## Synopsis

UNDERSTAND WHAT INGREDIENTS WORK FOR VARIOUS SKIN TYPES AND WHY WITH THE HELP OF THIS UNIQUE TEXT *Cosmeceuticals and Cosmetic Ingredients* helps skin-care professionals understand topical drug delivery through cosmeceuticals, the scientific basis of cosmetic ingredients, and the challenges of using either in a skin care regimen. The author addresses myths and misconceptions about specific ingredients and carefully details what each can and cannot do. It provides an unbiased brandneutral approach along with detailed information and references to published evidence. *Cosmeceuticals and Cosmetic Ingredients* is logically divided into ten sections: Cleansing Agents Moisturizing Agents Barrier Repair Ingredients Skin Lightening Agents Antioxidants Vitamins Other Ingredients (Coenzyme Q10, Ginger, Honey, etc.) Anti-Inflammatory Agents Anti-Acne Ingredients Anti-Aging Ingredients

## Book Information

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## Customer Reviews

Leslie Baumann, MD (Miami Beach, FL) Director, Baumann Cosmetic and Research Institute Miami Beach, FL.

The information in the book is rather undetailed. It does, however, cover most of the standard ingredients and gives much interesting stuff to read. In my point of view books in this price category should be a bit thicker than 400 pages; other scientific books I use for my studies are three to five

times as thick. Nevertheless I like the book and it does indeed give useful information about cosmetics in general.

A thoroughly written book ,whoever is interested in cosmeceuticals must use this book as a reference always is very helpful in my esthetic practice.

Very useful book.lots of detailed information

Excellent

This book about cosmetic ingredients should benefit anyone with a serious interest in skin care, including dermatologists, cosmetic chemists, aestheticians and keen lay people. The author discusses the research on many ingredients, including some of the most commonly recognized, such as the retinoids, vitamins C and E, aloe, resveratrol (a red wine component), petrolatum, silicones and honey. The text, although unique, is easily understood, and by separating fact from fiction allows insight into cosmeceutical claims. The author's straightforward and unbiased approach toward skin care makes this an excellent reference text. The well-placed overviews, such as those on pigmentation, aging and acne, combined with chapters on, for example, skin structure and cosmetic labeling, lift this text beyond its encyclopedic nature.

As a beauty writer, I consider this book my new bible. Each cosmeceutical ingredient has its own entry and each entry is packed with useful information and references. Entry sections include: source, history, chemistry, oral uses, topical uses, safety issues, environmental impact, formulation considerations, usage considerations, background and more. The writing is clear and comprehensive and the book is very well organized, making it easy for me to find the info I need--and fast.

Great book for me as I am interested in cosmetic chemistry, formulations, etc. It will teach you a lot! And Leslie Baumann is a great dermatologist. I would love to work with her on some cosmeceuticals.

This book is very useful, and information is up to date. Some cosmeceutical books doesn't include now frequently used ingredients and explanation. The information provided in this book is quite

well-rounded. The best introductory book I have so far.

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